

HEADGEAR APPLIANCE INFORMATION

Because the orthodontic problems you are experiencing and treatment you are receiving is partially orthopedic in nature, we have fabricated an orthopedic growth appliance for your benefit. This appliance will assist the jaws in growing more harmoniously while improving your bite. The appliance can also help in pushing your upper teeth back to make more room for all your permanent teeth and decrease the likelihood of having teeth removed as part of your orthodontic treatment.

Wearing your headgear 12-14 hours daily is most important. This is, generally, approximately 4 hours of wearing while awake plus 8 to 9 hours of sleeping time. The more you wear the appliance, the faster your treatment and the sooner you will be able to stop wearing it.

Please exercise good judgement when wearing your headgear. Please do not wear it while actively engaged in sports or while at school. This reduces the unlikely possibility of having the appliance pull loose and injure you.

At first, a few patients will feel slightly nervous when the appliance is placed. This will normalize within a few days. Also, the teeth the appliance attaches to may become sore at times. You must wear your headgear even when the teeth are sore!

If any areas of tissue irritation result, please make an appointment to have these areas adjusted.

There is an additional fee for a lost or broken headgear. The fee to replace this appliance is \$45.

Carefully following these instructions and wearing your headgear as prescribed will increase the likelihood of obtaining the desired treatment results in the shortest time possible.