

## SAGITTAL OR SCHWARZ EXPANSION APPLIANCE INFORMATION

Because the orthodontic problems you are experiencing and treatment you are to receive are dental and orthopedic in nature, we have fabricated an expansion appliance for your benefit. This appliance minimizes the likelihood of having permanent teeth extracted as part of your orthodontic treatment.

Full-time wear is most important. You may remove the appliance while eating. However, it is acceptable for you to wear while eating, especially when you are away from home.

Initially your speech will be affected by the appliance. The more you talk with your appliance in the sooner your speech will return to normal. You may notice increased saliva flow for a few days. This too will return to normal.

It is normal for some of your teeth to become sore during the early stages of appliance wear. However, if any areas of tissue irritation result, make an appointment to have these areas adjusted.

Appliance cleaning- Remove the appliance and brush it with your toothbrush and toothpaste regularly. You can soak the appliance in a denture cleaner a few times per week to keep it clean and fresh. Be sure to replace the appliance immediately after cleaning it.

Avoid Heat- Your appliance can become warped from exposure to heat. Do not try to clean your appliance by placing it in hot water or in a microwave. Do not leave your appliance in the car or near an oven. Once the appliance becomes warped it can't be repaired.

Whenever your appliance is not in your mouth, keep it in your appliance case. Keep the appliance and case out of the reach of pets and small children. Your dog or cat will love to chew the appliance.

There is an additional fee for lost or broken expansion appliances. BE CAREFUL! Don't play with the appliance in your mouth!

**Remember - Carefully following these instructions and wearing your expansion appliance as prescribed will increase the likelihood of obtaining the desired treatment results.**

Turning Schedule \_\_\_\_\_